

Male Youth with Eating Disorders: Clinical Features and Treatment

Outcome

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Authors

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Aim

The aims of the project are to: (1) identify the clinical characteristics of a large sample of male youth who have received eating disorder treatment; and (2) compare changes in eating pathology, well-being, and physical status over the course of eating disorder treatment in male youth with a matched female comparison group.

Background

The majority of research on eating disorders focuses on females. However, a significant minority of individuals seeking treatment for eating disorders is male, and gender distribution in early-onset eating disorders appears to be more even across males and females. This project was designed to address the need for additional research on male youth with eating disorders, and to elucidate knowledge about the clinical and medical characteristics of this group in relation to female youth with eating disorders.

Method

Study 1 will employ a retrospective chart review to examine the clinical and medical characteristics of a large sample of male youth who have received treatment for an eating disorder, and compare these features with females who have been treated in the same program.

Execution

July 2015 - July 2018

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